



918-743-6491 • 5603 South New Haven Avenue Tulsa, OK 74135 • United Methodist Church

THE SPIRE

News of New Haven United Methodist Church

*“Making Disciples for Jesus Christ in the world,
by being God’s Love in Action”*

5603 S. New Haven Avenue, Tulsa, OK. 74135 918-743-6491

VOLUME XXVII Number 10

March 10, 2017



A SPIRIT OF THANKFULNESS

Did you know that studies show that being thankful improves our physical and emotional health? In an article written by Diane Neal Matthews, research shows that having feelings of being thankful boost our immune system and increases the blood supply to our heart. Pretty amazing, isn't it? Keeping a weekly journal where we write down the many things we can be thankful for can increase our alertness, enthusiasm, and energy, and even improve our sleep! And if that wasn't enough good news, listen to this: People who describe themselves as feeling grateful tend to suffer less stress and depression than the rest of the population!

There are a lot of benefits for being thankful – but it seems – gratitude doesn't come naturally to us. As Jesus passed through a village one day, he was spotted by ten lepers who desperately longed to be healed (Luke 17:11-

19*). After pleading for help, Jesus told them to go and show themselves to the priest. And, as the ten lepers walked away... their skin disease disappeared!

One of the men turned around, came back to Jesus and threw himself at his feet to thank him. Jesus was amazed. Only one man had thought to thank him. “Were not all ten cleansed?” he asked. “Where are the other nine?”

For Christians, being thankful is more than a good idea; it's something God asks us to do. In the Old Testament, God gave specific instructions for the Israelites to bring offerings of thanksgiving. In the New Testament, the Bible teaches us to be thankful in all circumstances (1 Thessalonians 5:18*). When we are struggling in hard times of our lives, this sounds like a strange command. But God knows when we focus on our blessings, it's easier to

keep our problems and concerns at bay.

King David was a wonderful example of remembering all that God had done for him. Even though he experienced disappointment and pain, David offered thankfulness to God. His gratitude became the foundation of his worship of God.

Being thankful honors God and strengthens our faith. It also strengthens our relationships with other people. “I will give thanks to you with all my heart, O Lord my God. I will honor you forever because your mercy toward me is great.” Psalm 86:12-13

I give thanks to God for each of you. You are a blessing in my life!

– Pastor Cindy



Give thanks with a grateful heart!

ENJOY THE OUTDOORS!!!

We're looking for men and women to help with mowing the church yard this summer.

Our goal is to have 4 teams with 3 people on each team available to mow once every four weeks.

Call or text Roland Friesen at 918 671-9318 or email at rolandfriesen@gmail.com



INVITATION TO LENTEN SERVICES

The laity at Will Rogers UMC would like to extend an invitation for our Council Oak "Cluster Group" to attend a Lenten worship service with communion every Wednesday during Lent.

6PM ~ 7PM

Will Rogers UMC is located at
1138 S. Yale, Tulsa, OK.

UMPTENAGERS

Umpteenagers will be "up in the air" when they visit the Tulsa Air and Space Museum & Planetarium on Tuesday, March 21st. General admission is \$6.00 with the Planetarium show costing an additional \$6.00. The restaurant for lunch hasn't been decided on yet. Meet at the church at 10:30 AM for this exciting adventure. Call Stella Schwartz at 918-743-1748 (home) or her cell at 918-640-0967 if you have any questions and/or to let her know you'll be joining them.



DAYLIGHT SAVINGS TIME BEGINS NEXT SUNDAY MARCH 12th



Be sure to "**Spring Forward**" and turn your clocks ahead one hour this week before you go to bed on Saturday night!

SUSANNA CIRCLE MEETING

THURSDAY, MARCH 9TH at 10:00 am

All ladies are invited to come to the next meeting of the Susanna Circle! We will be working on birthday cards for our card ministry! We hope to see you there!



Corner



Dear Missy,

I've heard lots of talk on **"In-Service Sundays"**. What is In-Service Sunday and when is the next one?

Signed,
Ready for Service

Dear Ready,

Periodically, the entire New Haven congregation is involved in "doing worship" through hands-on projects. Pastor Cindy will end our regular worship services a few minutes early and then everyone has the opportunity to get up out of the pews and "do" worship by participating in the service project. The next In-Service Sunday is set for March 19 and will benefit Emergency Infant Services (EIS).

EIS began helping Tulsa families in 1977. It is a non-profit organization that provides temporary assistance to children five and younger in the Tulsa area whose families are in dire economic straits. Additionally, EIS partners with local hospitals and other non-profit groups to assist with other items to keep infants safe and pregnant women healthy. EIS provides the most basic of needs: food, formula, clothing, and diapers, along with other children's items. EIS provides support for over 17,000 infants and toddlers annually.

We will be packing "birthday bags" for boys and girls that are served by EIS.

Come join us as we worship together.

Blessings,
Missy



Come and

Experience It!

Opportunities of the Week

SUNDAY, MARCH 12

8:45 am Contemporary Worship
9:45 am Sunday School
11:00 am Traditional Worship
4:00 pm Celebration Singers & WEB
4:30 pm Disciple I
5:00 pm Imagination Station (Children)
5:00 pm Liturgical Dance
5:00 pm Jr. High Bible Study
6:00 pm Youth Fellowship Dinner
7:00 pm Sr. High Bible Study

MONDAY, MARCH 13

6:00 pm Writer's Group/185
7:00 pm China Meeting/Parlor
6:15 pm Bluegrass Band Rehearsal

TUESDAY, MARCH 14

7:00 pm Boy Scouts/Gym
7:30 pm AA/185, 206, 210

WEDNESDAY, MARCH 15

6:00 pm One Spirit Choir
6:00 pm Youth Group
7:00 pm ACOA/210

THURSDAY, MARCH 16

6:00 pm Praise Band Rehearsal
7:15 pm Yoga/Parlor

FRIDAY, MARCH 17

7:30 pm AA/Gym

SATURDAY, MARCH 18

6:00 pm Camp United Meeting/Parlor

SUNDAY, MARCH 19 IN-SERVICE SUNDAY

8:45 am Contemporary Worship
9:45 am Sunday School
11:00 am Traditional Worship
1:30 pm Finance Committee/Parlor
4:00 pm Celebration Singers & WEB
4:30 pm Disciple I
5:00 pm Imagination Station (Children)
5:00 pm Liturgical Dance
5:00 pm Jr. High Bible Study
6:00 pm Youth Fellowship Dinner
7:00 pm Sr. High Bible Study

New Haven Staff Members

Rev. Cindy Havlik	Senior Pastor
Rev. Suzanne Davis	Retired Pastor
Stephen Merrick	Music Director
Patrick Grafton	Youth Director
Paula Fox	Children's Director
Pat Bates	Adm. Assistant
Ann Martin	Financial Secretary
Lindsay Morgan	Nursery Director
Teresa Roberts	Organist
Rev. Jeanette Boyd	Retired Deacon
Kacie Kendrick	Day School Dir.
Joan West	After School Care
Oscar Sturgeon	Custodian

March Birthdays

3. Max LaGrone
4. Claretha Gotcher
Todd Morgan
6. Yuka Daughters
9. Harold Stockstill
10. Marleigh Blanchard
11. Karen Gibbs
12. Will Roberts
16. Steve Amos
Alon Soderfelt
17. Pat Smith
21. Karen Jones
22. Kyler Smith
23. Craig Hannon
24. Janice Hannon
25. Steve Smith
26. Peter Havlik
28. Laurel Duncan
30. Hannah Fields



PLEASE PRAY FOR. . .

Kelly Sartain
Dodie Wood
Max Nightingale
Carol Morgan
Ovella Followell
Claretha Gotcher

Friends & Family of New Haven UMC

Mark Nicholson; Peppa Smith; Linda Gregory's daughter-in-law, Lea; Mary Ann Cunningham's brother, Bob; Danny Hall's brother, Royce Boyd; Roland Freisen's mother; Pam Rowley; the homeless; our world, city, country, public servants & leaders.

Covenant Care (prayers & visits appreciated)

Marjorie Stewart
Ovella Followell
Rosemary Tarr
Dot and Kelly Haynes
Dorothy Koons

ATTENDANCE

March 5, 2017

Worship Services

8:45 am: 55

11:00 am: 97

Total: 152

Sunday School

Adults-58

Youth-10

Children-5

Day School Chapel-83

ADULT CLASSES

Come join us at 9:45 am!

Room 185: Discovery Class
Galatians

Parlor: Fellowship Class
Adult Bible Study Curriculum

Room 210: New Friendship Class
"The Lives of Great Christians" by William Cook

Room 103 Interlude Class
"Creed" by Adam Hamilton

Room 206: New Haven 206
Connection Group "The Wired Word"

Room 161: Roundtable "Hand Me Downs: Leaving a Legacy"

You may email articles for the Spire (no later than Sunday evenings, please.) Sending your article on a "Word" document as an attachment works best. Please email your article to pat.bates@newhavenumc.org. Please note "Spire Newsletter" on the subject line. While we make every effort to include your request, we reserve the right to edit or delete articles due to space availability.

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